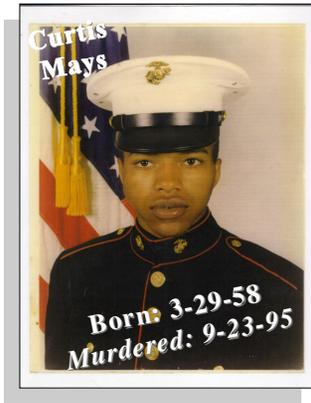


*From the tragedy
of violence*

*We draw the
determination that*

*People must unite
to stop the violence*



Our efforts would be hollow if they did not include potent, targeted efforts to combat gang-related and domestic violence. Nobody does this better than people from within the community.

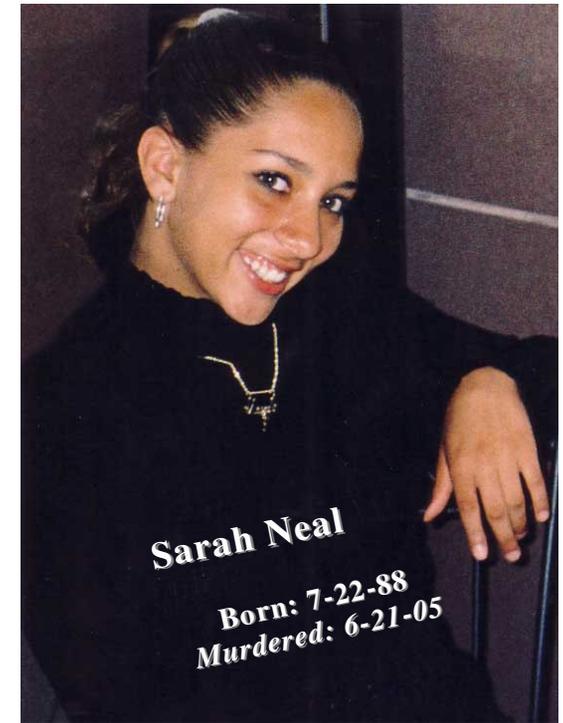
When a mother talks about losing her son or daughter there is silence. People pay attention. Kids pay attention. They hurt with her. They think.

PULSE uses the tragedy of our past to create a safer tomorrow. We reach kids where they are in a way that they can understand by traveling to public schools and talking directly with young people.

A Memorial Wall has been built which bears the names and faces of many of our community's victims who have lost their lives to homicide.

The **"Forget Me Not" Memorial Wall** is an expressive monument, publicly displayed at community sites, and often travels with PULSE Speakers to schools and community meetings.

**PULSE**
People Uniting, Lending Support & Encouragement
PO Box 11506
Omaha, NE 68111



Comprehensive Support
For Secondary Victims
of Homicide

**PULSE**
People Uniting, Lending Support & Encouragement

- * Crisis Intervention *
- * Counseling Resources *
- * Peer Support Groups *

Founded in 1991.

A registered non-profit 501(c)3
organization.

(402) 706-1861

Email: PulseOmaha@aol.com



Who We Are

What do you say to a family that has just lost a loved one to a senseless homicide?

We know, because we are the parents, relatives, friends and neighbors who have felt the devastation first-hand. We are the concerned citizens who want to tend our wounded and end the war on our streets and in our homes. Our volunteer base is primarily composed of survivors of homicide victims. There is representation among us from people of all backgrounds – violence has no racial preference.

Professional Resources and Referrals

We have developed a network of professionals in the therapeutic and legal community who provide help to individuals and families on a sliding fee scale or pro-bono depending on the circumstances. Referrals are made to appropriate agencies as needed on an individual basis.

How P.U.L.S.E. Helps

Whatever the need, P.U.L.S.E. coordinates care and services by working on behalf of victims to help resolve issues that would otherwise prevent someone from receiving the assistance they need.

Our work helps put an end to the destructive cycle of retaliation and helps to soften the sharp edges of grieving pain. During bereavement, families need to share their grief and know that someone cares.

“There was no support system for me... Your friends and family gather around you for a week or two, but then they’re gone — back to their own lives. And you’re left alone with your thoughts and emotions.”

Sadie Bankston
 Founder/Director
 PULSE
 Wendell Grixby, Son
 Murdered in 1989

What We Do

P.U.L.S.E. personally responds to trauma.

Often, when someone is murdered in the community, P.U.L.S.E. volunteers will, when able, deliver an introductory “We Care Package” to the victim’s survivors. This package consists of basic toiletries, paper goods, and critical information on the process of grieving and the legal considerations involved with a homicide. Dinners are included, donated by Popeye’s Chicken of Omaha. This initial home visit is a critical step in raising awareness about P.U.L.S.E.

Peer Support

Victims want to talk to someone who genuinely knows what they are going through, has been through a similar experience, and has survived. From experience, we know that the need for the unique type of support that P.U.L.S.E. offers can go on for weeks, months, or even years, particularly when a homicide case remains unsolved.

Often grieving families are thrown into a complicated and emotional courtroom process. P.U.L.S.E. provides educational materials, transportation and assistance as needed. P.U.L.S.E. volunteers will attend courtroom hearings, act as liaisons to the media and notify families of upcoming parole hearings, as well as provide escort and support during these hearings.

Crisis Intervention

P.U.L.S.E. volunteers will contact relatives, house-sit and help with burial arrangements in times of crisis. Volunteers also assist victims by working through issues involving landlord, employer and creditor problems.

P.U.L.S.E. exists to support people in need and is inextricably tied to the people and organizations of Omaha. The following list mentions only a few of the partnerships that P.U.L.S.E. has formed over the years to help reach those affected by homicide.

- Omaha Police Department
- Compassionate Friends
- Omaha Public Schools
- South Omaha Boys and Girls Club
- Family Federation for World Peace and Unification
- ACLC (American Clergy Leadership Conference)
- Ambassadors for Peace
- Fight Crime, Invest in Kids
- Parents of Murdered Children

Anti-Death Penalty *Independently Funded*

Many parents who have suffered the loss of a child know the pain of losing a loved one. It has been proven that the death penalty is not a deterrent and fosters disparities in executions and more.

If you are interested in hearing and learning more about abolishing the death penalty, please contact:

NADP (Nebraskans Against the Death Penalty)
 941 "O" Street
 Lincoln NE 68505
 (402)777-7787

Murder Victim Families for Reconciliation (MVFR)
 2100 M. St. NW, Suite 170-296
 Washington, DC 20037
 (877) 846-4702
 Email: lpost@mvfr.org

How You can Help

Please send donations to PULSE, PO Box 11506, Omaha, NE 68111. For assistance and/or more information about PULSE, please call: **(402) 706-1861**